



# Comparison of Matrix Frequency-Doubling Technology (FDT) Perimetry with the SWEDISH Interactive Thresholding Algorithm (SITA) Standard Automated Perimetry (SAP) in Mild Glaucoma

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## ABSTRACT

This study aimed to compare second-generation frequency-doubling technology (FDT) perimetry with standard automated perimetry (SAP) in mild glaucoma. Forty-seven eyes of 47 participants who had mild visual field defect by SAP were included in this study. All participants were examined using SITA 24-2 (SITA-SAP) and matrix 24-2 (Matrix-FDT). The correlations of global indices and the number of defects on pattern deviation (PD) plots were determined. Agreement between two sets regarding the stage of visual field damage was assessed. Pearson's correlation, intra-cluster comparison, paired t-test, and 95% limit of agreement were calculated using SPSS 24.0. The level of significance was set at  $P < 0.05$ . Although there was no significant difference between global indices, the agreement between the two devices regarding the global indices was weak (the limit of agreement for mean deviation was -6.08 to 6.08 and that for pattern standard deviation was -4.42 to 3.42). The agreement between SITA-SAP and Matrix-FDT regarding the Glaucoma Hemifield Test (GHT) and the number of defective points in each quadrant and staging of the visual field damage was also weak. Because the correlation between SITA-SAP and Matrix-FDT regarding global indices, GHT, number of defective points, and stage of the visual field damage in mild glaucoma is weak, Matrix-FDT cannot be used interchangeably with SITA-SAP in the early stages of glaucoma.

## KEY WORDS

Mild Glaucoma; Matrix-FDT; Visual Field; SITA-SAP; SWEDISH Interactive Thresholding Algorithm

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## INTRODUCTION

Glaucoma is a chronic life-long optic neuropathy because degeneration of ganglion cells and optic nerve

impairment occurs slowly [1, 2]. People become aware of their problem after involvement of the central visual field



[3]. Visual field testing by using a technique named perimetry helps locate the damaged areas [4]. Many patients with glaucoma may have to undergo various visual field tests during follow-up. Standard automated perimetry (SAP) is widely applied to diagnose and follow-up glaucoma. The most commonly acquired perimetric test is SAP with the Swedish interactive thresholding algorithm (SITA) strategy [5]. In the 1990s, frequency-doubling technology (FDT) perimetry was introduced to detect field loss due to glaucoma earlier than SAP [6]. The conceptual basis of FDT is the frequency-doubling illusion that is due to presentation of a sinusoidal grating with a low spatial frequency at a high temporal frequency. This type of presentation produces a perceived image that appears double its actual spatial frequency [7]. One function of the magnocellular pathway is the ability to perceive this illusion. However, this ability is lost in the early stages of glaucoma [8]. Large stimulus size, low spatial resolution, and reduced potential to localize the defects have limited the clinical profitability of first-generation FDT [9, 10]. With the second version of FDT, Matrix FDT-2, each target subtends 5 degrees of visual angle instead of the 15 degrees in the previous version and the stimuli are presented as a pattern as in SAP [11]. Several studies have compared FDT with SAP [12, 13]. Some compared full-threshold automated perimetry [12], which uses the 4-2-2 algorithm, but this technique is not commonly used in today's glaucoma practice. Compared to full-threshold automated perimetry, the SITA strategy has shorter test duration and higher reliability and clinical accuracy [14]. Some other studies compared the N-30 version of FDT in which each target subtends a large area of about 15 degrees [13]. In this study, visual field test results obtained through Matrix-FDT were compared with those obtained through SITA-SAP in mild primary glaucoma. The question behind this study was whether smaller targets distributed on Matrix-FDT 24-2 in a pattern similar to that of the SITA SAP 24-2 test would produce any visual field defect comparable with that obtained by SITA SAP 24-2 until clinicians would be able to establish a relationship between the results of these tests during follow-up.

## MATERIALS AND METHODS

Forty-seven eyes of 47 patients with primary open-angle glaucoma (POAG) in the mild stage based on Hodapp-Parrish-Anderson classification [15] were included in this cross-sectional study. The study protocol was approved by the Ethics Committee of the Ophthalmic Research Center of Shahid Beheshti University of Medical Sciences and written consent was obtained from each patient. All

measurements were obtained in one single day, and all participants were enrolled within a 6-month period from November 2013 until April 2014 in Labbafinejad Medical Center, Shahid Beheshti Medical University, Tehran, Iran. All participants had undergone at least one SAP before the study so they were familiar with the procedure. None of the participants had experience with Matrix-FDT testing before the study. A brief display was made for the participants to get them familiarized with the procedure. The participants who met the inclusion criteria and who agreed to participate in the study were enrolled.

To have a power of 90% to detect a 1-unit difference in mean deviation (MD) between two sets when the standard deviation of the difference was assumed to be 2.1, a sample size of 47 was calculated.

The inclusion criteria were as follows: best-corrected visual acuity (BCVA) of logMAR 0.3 or better, spherical refraction within 3 diopters (D), and cylinder correction within 3 D. A glaucoma specialist examined all participants, including VA assessment, slit-lamp biomicroscopy, intraocular pressure (IOP) measurement with Goldmann applanation tonometry, gonioscopy with the Zeiss four-mirror glass, and dilated fundus examination 1 day before the tests. Reliable visual fields (fixation losses, false-positives, and false-negatives all less than 15%) were included. Hodapp-Parrish-Anderson criteria [15] were used to determine the severity of visual field loss on SAP. Participants with mild visual field defects on SAP were included (MD <-6 dB, fewer than 25% of pattern deviation (PD) points under the 5% level and less than seven points under the 1% level, no points with sensitivity <15 in the central 5°). Participants with other intraocular abnormalities, a disease that might affect visual function testing (e.g., pituitary lesions, ischemic optic neuropathy, diabetic retinopathy), and low test reliability on previous visual fields were excluded from the study.

The visual field of all participants was assessed by Matrix-FDT (Humphrey Matrix, Carl Zeiss Meditec, and Jena, Germany) and the Humphrey Field Analyzer II (Carl Zeiss Meditec) in random order. To remove the effect of fatigue during the tests, a 10-minute break was allowed between each test. The selection of each eye was performed randomly. Stimuli of SITA-SAP were Goldmann size III (0.43°) on a 31.5-apostilb background, which consists of 52 test locations. Stimuli of FDT perimetry were 0.25 cyc/deg grating with phase flickers at 25 Hz. FDT perimetry was performed using the 24-2 full-threshold program with 5° stimuli at 55 test locations. The matrix-FDT (24-2) uses an algorithm for estimation of threshold. The blind spot and central visual



field point are two locations that are tested by FDT perimetry, but not by SAP.

The global indices of visual field and Glaucoma Hemifield Test (GHT) measured by matrix-FDT and SAP test were compared. The magnitude of the visual field defect between FDT and SAP and the number of defects at  $P < 0.5$ ,  $P < 0.2$ ,  $P < 0.1$ , and  $P < 0.05$  in each quadrant was summed up and compared. FDT visual fields were assessed based on the Brusini classification [16]. Stage of VF defect detected by FDT was compared with that of SAP. Sensitivity threshold in every point of the visual field in the FDT was compared with the corresponding point in SAP.

The agreement between SITA-SAP and Matrix-FDT was evaluated in patients with POAG with early visual field defect by statistical analysis. To present data, mean and standard deviation were used. To correlate the agreement of two devices regarding global indices, hemifields, quadrants, sectors, and single field points, we used Pearson's correlation, intraclass correlation (ICC), paired t-test, 95% confidence interval of difference, and limit of agreement (LoA). SPSS (Version 21.0, IBM Co., Chicago, IL) was used for all statistical analysis. A P-value less than 0.05 was regarded as statistically significant.

## RESULTS

Forty-seven eyes of 47 POAG participants with mild visual field damage confirmed by SAP were included in this study. There were 19 males and 28 females. The mean age of the participants was  $53.1 \pm 16.2$  years. The spherical equivalent of refractive error was  $-0.21 \pm 1.88$

and BCVA (log MAR) was  $0.14 \pm 0.08$ . Although there was no significant difference between global indices, the agreement between the two devices regarding global indices was weak (Table 1 and Fig 1).

The LoA for MD was -6.08 to 6.08 and that for pattern standard deviation (PSD) was -4.42 to 3.42. The Bland-Altman plot shows that there was no agreement between SITA-SAP and Matrix-FDT regarding MD and PSD. In addition, this discrepancy had a trend with increasing MD and PSD values (Fig 1A and 1B). The agreement between SITA-SAP and Matrix-FDT regarding GHT is shown in Table 2 and Fig 2.

Only 48.8% of the participants had the same results of GHT on the two sets ( $\kappa = 0.121$ ). The number of defective points at  $P < 5\%$ ,  $P < 2\%$ ,  $P < 1\%$ , and  $P < 0.5\%$  in supratemporal (ST), supranasal (SN), infratemporal (IT), and infranasal (IN) quadrants is shown in Fig 3.

The correlation between the two devices in terms of visual field defects was clinically weak (partial correlation = 0.322,  $P < 0.001$ ) in most of the points (only in 7 points out of 54 an  $r > 0.4$  and  $P < 0.05$  was observed). Point-wise comparison of corresponding locations obtained by two sets was weak in most of the points, indicating the non-agreement of the measurement of sensitivity of the points by the two sets (Fig 4).

Among the 47 study participants with confirmed early VF defect on SITA-SAP, Matrix-FDT visual field defects were classified as normal in 13 (27%), early damage in 22 (46%), moderate damage in 9 (19%), and severe damage in 3 (6%).

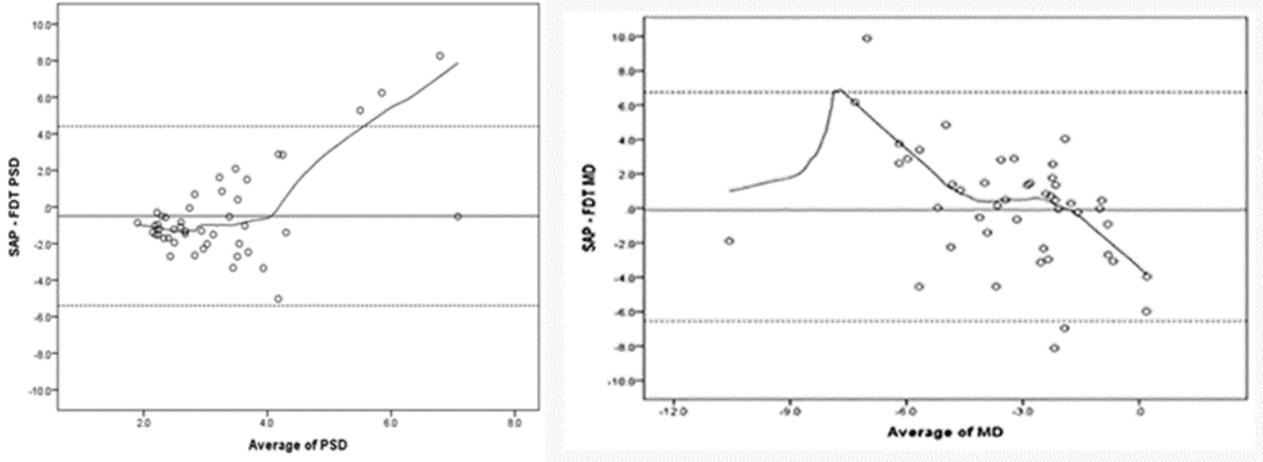
Table 1: Global Indices and Test Duration of SITA-SAP and Matrix-FDT

	Mean $\pm$ SD	Median	Minimum	Maximum	P*
<b>MD</b>					
SITA-SAP	-3.31 $\pm$ 2.1	-3.01	-11.52	0.11	0.905
Matrix-FDT	-3.37 $\pm$ 3.25	-3.31	-11.96	3.18	
<b>PSD</b>					
SITA-SAP	3 $\pm$ 2.13	2.12	1.08	10.92	0.169
Matrix-FDT	3.51 $\pm$ 1.12	3.12	2.33	7.34	
<b>Test duration (s)</b>					
SITA-SAP	347.3 $\pm$ 53.7	341	259	482	0.001
Matrix-FDT	319.9 $\pm$ 21.3	314	294	387	

MD: mean deviation, PSD: pattern standard deviation, S: seconds, Matrix-FDT: matrix frequency doubling perimetry, SITA: Swedish interactive thresholding algorithm, SAP: standard automated perimetry



Figure 1: A: Bland–Altman Plot of Pattern Standard Deviation (PSD) in Matrix Frequency-Doubling Perimetry (FDT) versus Swedish Interactive Thresholding Algorithm (SITA) Standard Automated Perimetry (SAP).



B: Bland–Altman Plot of Mean Deviation (MD) in Matrix-FDT versus SITA-SAP.

Table 2: Agreement of MD and PSD between Matrix Frequency-Doubling Perimetry (FDT) and Swedish Interactive Thresholding Algorithm (SITA) Standard Automated Perimetry (SAP)

Parameter of interest	Correlation of two sets	$\Delta$ Mean $\pm$ SD	$\Delta$ Range	Absolute $\Delta$ Mean $\pm$ SD	P-value*	95% CI	ICC	LoA (lower to upper)
MD	0.259	0.1 $\pm$ 3.4	-8.1 to 9.9	2.5 $\pm$ 2.2	0.905	-0.94 to 1.06	0.06	-6.56 to 6.76
PSD	0.071	-0.5 $\pm$ 2.5	-5 to 8.3	1.9 $\pm$ 1.6	0.169	-1.24 to 0.22	0.24	-5.4 to 4.4

$\Delta$ : Difference between SITA-SAP and Matrix-FDT, LoA: limit of agreement, MD: mean deviation, PSD: pattern standard deviation, sd: standard deviation, CI: confidence interval, \* Based on the paired t-test

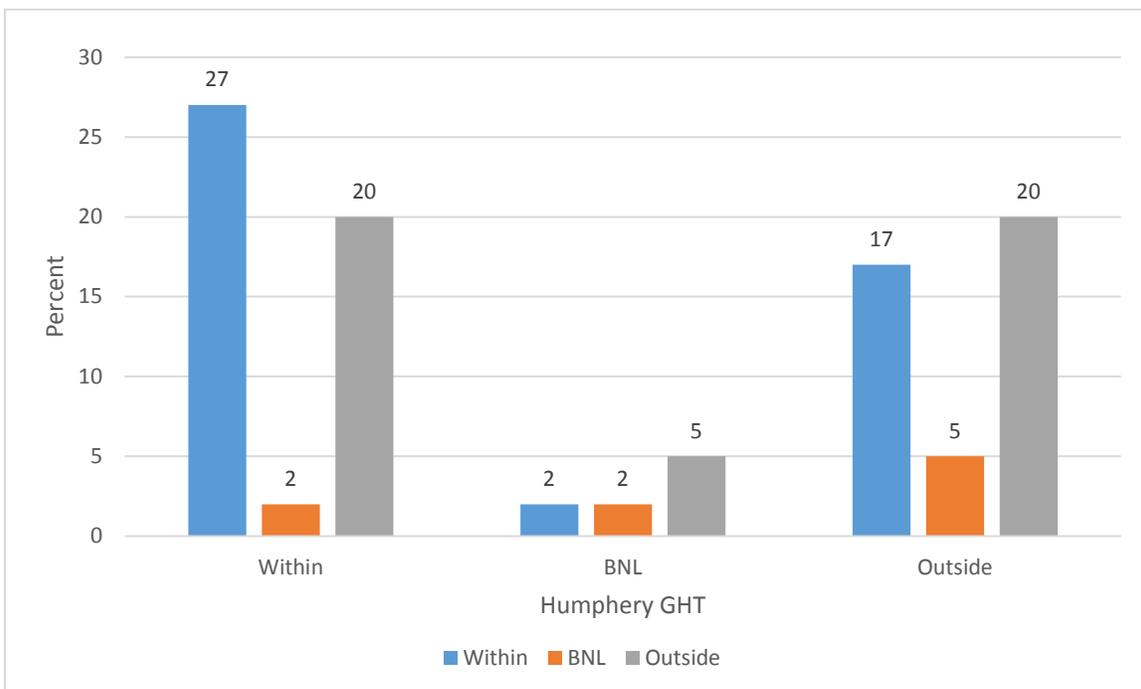


Figure 2: Agreement between the Matrix Frequency-Doubling Perimetry (FDT) versus Swedish Interactive Thresholding Algorithm (SITA) Standard Automated Perimetry (SAP) Regarding the Glaucoma Hemifield Test (GHT).





[19, 22]. Our study included participants with mild visual field damage on SAP, which enabled us to evaluate the agreement of two sets in fairly uniform participants. With glaucoma progression, test-retest variability would increase, and worse agreement between the two sets would be expected. Advantages of FDT are its portability and quick procedure, which increases patient acceptance [23]. Furthermore, it has a role in the early diagnosis of glaucoma. However, our study shows that FDT cannot be used interchangeably with SAP in the early stage of glaucoma because the correlation between the two sets is weak in any parameter of the VF.

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## CONCLUSIONS

The correlation between Matrix-FDT and SITA-SAP in terms of global indices, GHT, number of defective points, and stage determination of the visual field damage is weak. Therefore, Matrix-FDT cannot be used interchangeably with SITA-SAP in the mild stage of glaucoma during follow-up.

## DISCLOSURE

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